

# Travelling To South Africa With Babies: The Ultimate Guide

Travelling to South Africa with babies can be a daunting task, but with the right preparation it can be a truly rewarding experience. This ultimate guide will provide you with everything you need to know to plan a successful trip with your little one.



## Travelling to South Africa with Babies: A Practical & Useful Guide by Roman Plesky

★★★★★ 5 out of 5

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## Before You Go

Before you embark on your trip, there are a few things you need to do to prepare.

- **Get your baby's passport and visa.** All babies travelling to South Africa require a valid passport. If your baby is under the age of 18, they will also need a visa. You can apply for a visa online or at your nearest South African embassy or consulate.

- **Book your flights and accommodation.** When booking your flights, try to choose non-stop flights if possible. This will help to reduce the amount of time your baby spends on the plane. When booking your accommodation, look for places that are family-friendly. Many hotels and guesthouses in South Africa offer amenities such as cribs, high chairs, and babysitting services.
- **Pack your baby's essentials.** Be sure to pack all of your baby's essentials, such as diapers, wipes, formula, food, and clothes. You may also want to pack a few toys and books to keep your baby entertained on the plane and during your travels.
- **Get travel insurance.** Travel insurance is essential for any trip, but it is especially important when you are travelling with a baby. Travel insurance can help to cover the costs of medical expenses, lost luggage, and other unexpected events.

## What to Expect

South Africa is a diverse country with a lot to offer visitors. There are beautiful beaches, stunning mountains, and vibrant cities. However, there are also some things to be aware of when travelling with a baby.

- **The weather in South Africa can be unpredictable.** Be sure to pack clothes for all types of weather, including warm clothes, rain gear, and sunscreen.
- **The sun in South Africa is very strong.** Be sure to protect your baby from the sun by using sunscreen, sunglasses, and a hat.
- **There are some areas of South Africa that are not safe for tourists.** Be sure to do your research before you travel and avoid any

areas that are known to be dangerous.

## Getting Around

There are a few different ways to get around South Africa with a baby.

- **Car rental.** Renting a car is a great way to get around South Africa at your own pace. However, it is important to note that driving in South Africa can be challenging, especially if you are not used to driving on the left-hand side of the road.
- **Public transportation.** Public transportation is a good option for getting around South Africa if you are travelling on a budget. However, it is important to note that public transportation in South Africa can be crowded and unreliable.
- **Taxis.** Taxis are a convenient way to get around South Africa, but they can be expensive. Be sure to agree on a price before you get in a taxi.

## Where to Stay

There are a variety of family-friendly hotels and guesthouses in South Africa. When choosing a place to stay, be sure to look for places that offer amenities such as cribs, high chairs, and babysitting services.

Here are a few of the best family-friendly hotels in South Africa:

- The Table Bay Hotel in Cape Town
- The Oyster Box Hotel in Durban
- The Michelangelo Hotel in Johannesburg

## What to Do

There are a lot of great things to do in South Africa with a baby.

- **Visit the beaches.** South Africa has some of the most beautiful beaches in the world. Be sure to pack your swimsuit and sunscreen and enjoy a day at the beach with your baby.
- **Go on a safari.** A safari is a great way to experience the wildlife of South Africa. Many safari lodges offer child-friendly activities, such as game drives and nature walks.
- **Visit the cities.** South Africa's cities are vibrant and full of culture. Be sure to visit some of the major cities, such as Cape Town, Johannesburg, and Durban.

## **Eating Out**

There are a variety of family-friendly restaurants in South Africa. When choosing a restaurant, be sure to look for places that offer high chairs and baby food.

Here are a few of the best family-friendly restaurants in South Africa:

- The Spur Steak Ranches
- The Wimpy Restaurants
- The Ocean Basket Restaurants

## **Shopping**

There are a variety of great places to shop in South Africa. Be sure to visit some of the local markets and shops to find unique souvenirs and gifts.

Here are a few of the best places to shop in South Africa:

- The V&A Waterfront in Cape Town
- The Gateway Theatre of Shopping in Durban
- The Sandton City Shopping Centre in Johannesburg

## Tips for Travelling With a Baby

Here are a few tips for travelling with a baby:

- **Be flexible.** Things don't always go according to plan when you're travelling with a baby. Be prepared to adjust your plans if necessary.
- **Pack light.** Travelling with a baby can be difficult if you're carrying a lot of luggage. Pack light and only bring the essentials.
- **Take breaks often.** Babies need to eat, sleep, and play. Be sure to take breaks often to give your baby a chance to do all of these things.
- **Be patient.** Travelling with a baby can be challenging, but it is also a rewarding experience. Be patient and enjoy the journey.

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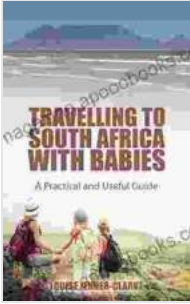
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