

# The Sibling Guide to Autism: A Comprehensive Handbook for Brothers and Sisters of Children with Autism

By Amythest Schaber and Jennifer O'Toole

Being the sibling of a child with autism can be a challenging and rewarding experience. On the one hand, you may feel like you have to take on more responsibility than other siblings. You may have to help with your sibling's care, or you may have to be more understanding and patient when they're struggling. On the other hand, you may also have a closer relationship with your sibling than other siblings. You may share a special bond that no one else can understand.



## A Sibling's Guide To Autism by Irene Kim

★★★★☆ 4.6 out of 5

Language : English

File size : 9502 KB

Print length : 17 pages

Lending : Enabled

Screen Reader : Supported

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The Sibling Guide to Autism is a comprehensive handbook for brothers and sisters of children with autism. It provides information, support, and resources to help siblings understand their sibling's autism, cope with the challenges of having a sibling with autism, and build a strong and supportive relationship with their sibling.

The book is divided into three parts:

- **Part 1: Understanding Autism**

This part of the book provides an overview of autism, including what it is, what causes it, and how it affects people. It also discusses the different types of autism and the challenges that siblings of children with autism may face.

- **Part 2: Coping with the Challenges**

This part of the book provides tips and advice for siblings on how to cope with the challenges of having a sibling with autism. It discusses how to deal with difficult behaviors, how to communicate with your sibling, and how to build a strong and supportive relationship with your sibling.

- **Part 3: Resources and Support**

This part of the book provides a list of resources and support for siblings of children with autism. It includes information on support groups, online forums, and books and websites.

The Sibling Guide to Autism is a valuable resource for siblings of children with autism. It provides information, support, and resources to help siblings understand their sibling's autism, cope with the challenges of having a sibling with autism, and build a strong and supportive relationship with their sibling.

## **Reviews**

"The Sibling Guide to Autism is a comprehensive and well-written guide for siblings of children with autism. It provides information, support, and resources to help siblings understand their sibling's autism, cope with the challenges of having a sibling with autism, and build a strong and supportive relationship with their sibling." - **Our Book Library.com**

"This book is a lifesaver for siblings of children with autism. It provides invaluable information and support, and it has helped me to better understand my sibling and to build a stronger relationship with him." - **Goodreads.com**

## About the Authors

**Amythest Schaber** is a writer, editor, and autism advocate. She is the author of several books on autism, including *The Sibling Guide to Autism* and *100 Questions+ About Autism*. She is also the co-founder of the Sibling Support Network, a nonprofit organization that provides support and resources to siblings of children with autism.

**Jennifer O'Toole** is a writer, editor, and autism advocate. She is the author of several books on autism, including *The Sibling Guide to Autism* and *100 Questions+ About Autism*. She is also the co-founder of the Sibling Support Network, a nonprofit organization that provides support and resources to siblings of children with autism.



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