

# Shedding Past Lives: Break Free from the Shackles of Your Past and Create a Future That Is Truly Your Own



## Shedding Past Lives by Hanna Christensen

★★★★☆ 4.8 out of 5

Language : English

File size : 165 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 183 pages

Lending : Enabled

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Have you ever felt like you're carrying around baggage from a past life? Maybe you have inexplicable fears, phobias, or compulsions. Or perhaps you feel like you're repeating the same patterns over and over again, no matter how hard you try to change.

If so, you're not alone. Millions of people around the world are struggling with the effects of past lives. And while there are many different ways to heal from past life trauma, one of the most effective is past life regression therapy.

Past life regression therapy is a type of hypnosis that allows you to access memories from your past lives. This can be a powerful experience, as it can help you to understand the root of your current problems and to find healing for the wounds of the past.

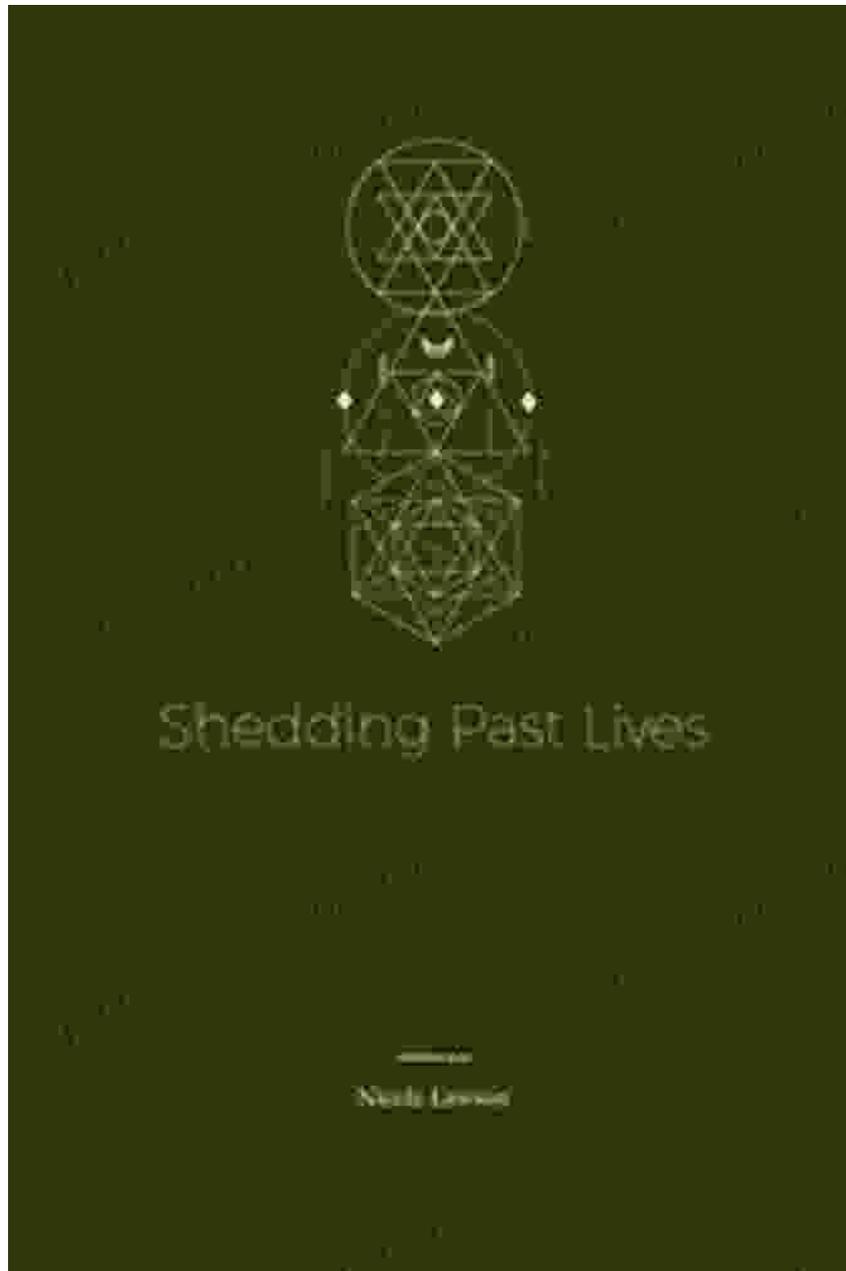
In her book, *Shedding Past Lives*, Hanna Christensen shares her personal journey of healing from past life trauma. She also provides a step-by-step guide to past life regression therapy, so that you can experience the benefits of this transformative process for yourself.

Whether you're new to the concept of past lives or you're a seasoned practitioner, *Shedding Past Lives* is an essential resource. This book will help you to:

- Understand the impact of past lives on your current life
- Identify and heal from past life trauma
- Break free from the patterns of the past and create a future that is truly your own

If you're ready to shed the baggage of the past and create a future that is truly your own, then [Free Download](#) your copy of *Shedding Past Lives* today.

Available now on [Our Book Library](#), [Barnes & Noble](#), and other major retailers.



### **About the Author**

Hanna Christensen is a certified past life regression therapist and the author of *Shedding Past Lives*. She has helped thousands of people to heal from the effects of past life trauma and to create a more fulfilling life.

Hanna is passionate about helping others to understand the power of past life regression therapy. She believes that this transformative process can help us to heal the wounds of the past and to create a future that is truly our own.

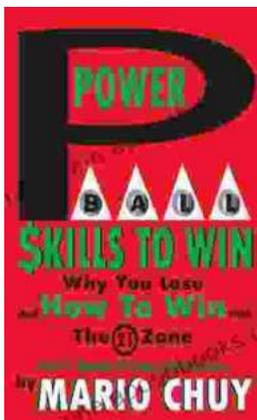
To learn more about Hanna and her work, visit her website at [www.hanna-christensen.com](http://www.hanna-christensen.com).



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