

Bygone Backwoods: A Journey into the Forgotten Heart of Appalachia

By Lisa Cooper

In the mist-shrouded hills and forgotten hollows of Appalachia, a world exists that has somehow remained untouched by the march of progress. It is a place where the rhythms of life are dictated by the seasons, where traditions run deep, and where the past lingers in every stone and tree. This is the world of "Bygone Backwoods," a captivating new book by Lisa Cooper that invites you on a journey into a vanishing realm.



Bygone Backwoods by Lisa Cooper

★★★★☆ 4 out of 5

Language : English

File size : 27490 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Screen Reader : Supported

Print length : 196 pages

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With lyrical prose and stunning photography, Cooper paints a vivid portrait of a disappearing way of life. She introduces us to the people who call these backwoods home: farmers who still till their fields with mules, craftspeople who create intricate baskets and quilts, and healers who draw on ancient herbal remedies. We learn about their struggles, their triumphs, and their deep connection to the land that has shaped their lives.



Through the eyes of these unforgettable characters, we gain a glimpse into a world that is both timeless and fragile. We witness the resilience of the human spirit and the enduring power of community. We also come to understand the threats that face these communities, from environmental degradation to the lure of modern conveniences.

"Bygone Backwoods" is more than just a travelogue or a historical account. It is a meditation on the human condition and the importance of preserving our cultural heritage. Cooper shows us that the backwoods of Appalachia are not simply a place on a map, but a living, breathing tapestry of traditions, beliefs, and ways of knowing. By sharing their stories, she invites us to reflect on our own connection to the land and to the communities that make up our shared human experience.

For anyone who is interested in history, culture, or the human spirit, "Bygone Backwoods" is a must-read. It is a book that will stay with you long after you turn the final page.

Reviews

"A stunning and compassionate portrait of a vanishing world. Lisa Cooper's writing is both lyrical and insightful, and her photographs capture the beauty and fragility of Appalachia."

—**Ron Rash, author of *Serena* and *One Foot in Eden***

"An essential book for anyone who wants to understand the heart of Appalachia. Cooper's writing is both deeply evocative and thought-provoking."

—**Roxana Robinson, author of *Cost* and *Sparta***

"Bygone Backwoods" is a masterpiece of storytelling and photography. Cooper has captured the essence of a forgotten world, and her book is a testament to the indomitable spirit of the human soul."

—**David Gessner, author of *All the Wild That Remains* and *The Tarantula Scientist***

About the Author

Lisa Cooper is a writer, photographer, and filmmaker who has been documenting the lives and cultures of rural Appalachia for over two decades. Her work has been featured in *The New York Times*, *National Geographic*, and *Smithsonian Magazine*, among other publications. She is the author of several books, including *Quiltmaker's Journey: A Year of Patchwork and Pilgrimage* and *The Memory Quilt: A Story of Stitching, Love, and Loss*.

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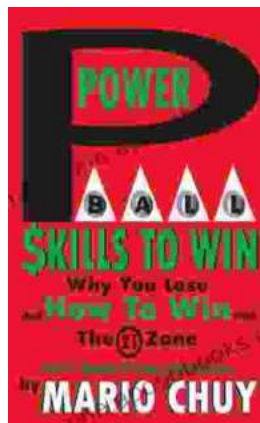
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